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COFFEES



With organic, almond or coconut milk

- Cappuccino
- Latte
- Americano
- Flat White
- Chai Tea Latte
- Turkish Coffee
- Filter Coffee
- Espresso
- Double Espresso
- Macchiato
- Double Machiato
- Cortado

HEALIN HEALTHY HOT & COLD BEVERAGES

Served with your choice of almond milk or organic milk

- Ketogenic Coffee**
Coffee, ghee or coconut oil, cinnamon / Served hot or cold
- Turmeric Latte**
Turmeric & milk of your choice
- Matcha Latte**
Matcha & milk of your choice / Served hot or cold
- Golden Milk**
Organic, coconut or almond milk, turmeric, black pepper, cardamom

HEALIN ICED TEAS

- Winter Hibiscus**
Hibiscus, ginger, clove, cinnamon
- Earl's Lemon**
Earl Grey tea, lemon, bay leaf, cucumber
- Rooibos & Orange Iced Tea**
- Healin Spiced Iced Tea**
Ginger, turmeric, cranberry, pomegranate blossom, rose petals, fennel
- Bosphorus Breeze**
Rose petals, chamomile, dried apple, golden herb
- Fat Burner Iced Tea**
Cherry stem, sweet bar, rosemary, green apple

SUPER SHOTS



5cl per serving

- To Good Health (wellness)**
Spirulina, nettle, matcha, lemon
- Immune Booster**
Turmeric, carrot, ginger
- Liver Flush**
Grapefruit, lemon, garlic, chili pepper
- VitC**
Berries, orange, pepper, kale
- Fountain of Youth (wheat grass juice)**
Wheat grass, kale
- Healin Wellness**
Lemon, ginger, cayenne pepper
- Healin Goodness**
Ginger, turmeric, black pepper

PROBIOTIC DRINKS

- Kombucha**
Plain or cinnamon flavored fermented green tea drink; Served with fresh ginger juice upon request
- Organic Kefir**
- Organic Ayran**
Traditional Turkish yoghurt drink; Served with fresh mint, basil and cucumber

FRESH FRUIT JUICES



- Cold pressed fruit & vegetable juices
- Green Giant Detox**
Arugula, parsley, Swiss chard, spinach, celery, cucumber, lemon
- Energy Rocket**
Carrot, beets, tangerines, capia pepper
- Winter Juice**
Apple, lemon, ginger, beet, celery
- Healin Shine**
Ginger, lemon, grapes, apple, carrot
- Healin Alkaline**
Kale, parsley, fennel, lemon, celery stalk, cucumber, apple
- Red & Beyond**
Orange, grapefruit, watermelon, ginger, sweet red pepper, cayenne pepper
- Cold Busters**
Orange, grapefruit, ginger, celery, cayenne pepper

BUBBLY/SODA

- With Lemon & Lavender
- With Pineapple & Ginger
- With Cranberry & Rosemary & Ginger

HEALIN HOT TEAS



- Black Tea
- Tea in a Cup
- Green Tea
- Earl Grey
- Good Morning İstanbul**
 - Refreshing morning tonic
 - Turmeric, ginger, lemon, apple cider vinegar, cayenne pepper, cinnamon
- Asya Masala**
 - Traditionl Indian spiced tea
 - Organic milk, black tea, ginger, cinnamon, clove, cardamom, nutmeg, star anise
- Chakra**
 - Supports mind & body balance
 - Chamomile, rose, ginger, cinnamon
- Ayurvedic Kapha**
 - Supports lung health
 - Ginger, turmeric, long pepper, lemon
- Ayurvedic Pitta**
 - Digestive support
 - Fresh mint, cumin, coriander, fennel, lemon, lavender
- Ayurvedic Vata**
 - Supports intestinal flora
 - Liquorice, cardamom, fennel, cinnamon
- Asu'detox Tea**
 - Calming detox tea
 - Melissa, passion flower, cinnamon, cardamom, black pepper
- Selection of Herbal Teas**
Sage, linden, melissa, chamomile
- White Tea
- Rooibos Tea

ORGANIC YOGI TEAS



- Double Mint
- Ginger Orange
- Sweet Dreams
- Regularitea

HOMEMADE LEMONADES

- Healin Lemonade
- Activated Charcoal Lemonade
- Hibiscus Lemonade
- Ayurvedic Digestive Friendly Lemonade

HEALIN HEALTHY MOCKTAILS

- Pineapple Mojito**
Pineapple, lemon, kiwi, mineral water, mint
- Virgin Mary**
Fresh tomato juice, lemon juice, hot sauce, pickle juice, Himalayan sea salt, celery stalk
- Ginger & Basil & Grapefruit**
Grapefruit, basil, ginger, mint

MILKSHAKES

- Be My Date**
Fig, date, milk, vanilla
- Strawberry Fields Forever**
Strawberry, milk, vanilla
- Peter Pan**
Banana, milk, organic raw cacao

SUPER SMOOTHIES



- Fit & Yummy**
Date, organic cacao, banana, coconut milk, coconut
- Antioxidant Smoothie**
Blueberry, raspberry, strawberry, banana, apple
- Brain Boost**
Almond milk, avocado, matcha, chia seeds, coconut, banana, date
- Healin Glow**
Kale, green apple, spirulina, celery stalk, banana, lemon
- Beauty Smoothie**
Kiwi, pomegranate, apple, strawberry

SUPER PROTEIN SMOOTHIES



- Protein of your choice:**
Whey protein or pea protein(vegan)
- Milk of your choice:**
Organic milk or almond milk(vegan)
- Healin Protein**
Banana, berries, chia seeds
- Cacao Protein Rocket**
Banana, organic cacao, cinnamon, dates, chia
- Butter Power**
Peanut butter, banana, organic cacao, chia seeds

WATER

- Natural Mineral Water 33cl.
- Natural Mineral Water 75cl.
- Mineral Water 25cl.
- Mineral Water 75cl.

We don't use any type of refined white or brown sugar. Please ask for our organic honey and organic apple syrup to sweeten your drinks.

